

SODOMA LAW PODCAST SERIES:

5 THINGS YOU SHOULD KNOW ABOUT FAMILY LAW



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AN INTRODUCTION TO THE SODOMA LAW PODCAST SERIES

Presenting a new podcast series from Sodoma Law:
5 Things You Need to Know About Family Law.

This podcast series consists of five short, insightful conversations with Managing Principal Nicole Sodoma and four of her experienced Sodoma Law attorneys, providing listeners with what they need to know when considering a new path for themselves and their families. Haven't had a chance to listen in yet? The following are key takeaways from the series, offering helpful tips on handling a range of family law matters.



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PODCAST #1

WHAT CAN A FAMILY LAW FIRM DO FOR YOU?

In our initial podcast episode, Managing Principal Nicole Sodoma shares insights on the importance of working with a family law attorney when dealing with separation and divorce. Here are three takeaways:

- Family Law expands far beyond issues such as divorce and child custody. A family law matter may include separation agreements, alimony, child support, ART, adoption, prenuptial agreements, postnuptial agreements, and domestic violence.
- Selecting a lawyer can feel grueling. The options seem endless. Choose an attorney whose area of practice focuses on family law.
- During a consultation, a strong advocate will tell you things you didn't want to know and things you didn't know you needed to know!



PODCAST #2

KEEPING CHILDREN FIRST IN FAMILY LAW MATTERS

Principal Nadia Margherio shares her thoughts on why parents should work to keep children first during any family matter and how a Guardian ad Litem or Parenting Coordinator can help. Her top three tips include:

- Unfortunately, often times, parties get so focused on the litigation, they lose sight of what matters most - their children. Keeping children first is incredibly important.
- When parties are going through a divorce, the court may appoint a Guardian ad Litem to advocate for the children involved.
- A Parenting Coordinator will often come in after the court appearance; for many, the custody battle feels like the biggest fight. A Parenting Coordinator works to help improve communication and ensure the children's perspective is not overlooked.



PODCAST #3

PRENUPTIAL, POSTNUPTIAL, AND SEPARATION AGREEMENTS

Attorney Patra Sinner discusses the differences between prenuptial, postnuptial, and separation agreements, as well as when they are most appropriate.

- A prenuptial agreement is developed before a couple says “I Do” and has established their date of marriage. It’s important to make significant financial disclosures and give both parties ample time to work through the details.
- Postnuptial agreements are designed after the couple has said “I Do” and are still cohabitating. Parties do not need to be experiencing marital discord to consider a postnuptial agreement.
- A separation agreement comes at the tail end of a marriage when it has been established that the parties plan to separate and will no longer be cohabitating. This allows parties to have a private agreement without the court’s involvement.



PODCAST #4

COLLABORATIVE LAW FOR SEPARATION AND DIVORCE

Attorney Robin Lalley highlights the opportunity for collaborative law when going through a separation or divorce. Her three top takeaways include:

- Collaborative Law is an approach to separation and divorce that allows parties to work together to reach a resolution without going to court or having a judge make a decision for them. It gives couples a chance to have control over their separation.
- Your attorney is yours alone. He or she is not shared with your spouse. In the collaborative process, attorneys and clients sign a contract agreeing that if the collaborative process does not work, a new attorney will need to be hired for any court proceedings.
- The collaborative law process offers a more holistic approach to separation and divorce by often welcoming other experts into the discussion. Depending on the situation, a divorce coach, financial adviser or therapist might be introduced into the process.



PODCAST #5

SPOUSAL SUPPORT FOR MEN

Principal Penelope Hefner discusses the increase in men seeking alimony and the benefits it can offer. Here are her takeaways:

- Men need to know that the law supports their claim just as much as it does for women. If they truly need support, they should not let society's views on what is going on in many homes stop them.
- Men seek spousal support because they have to. According to a recent census, over 40% of American households are headed by women breadwinners. Men in these situations may not be able to support themselves without the help of their spouses.
- If a prenuptial agreement was not done before the marriage, the individual seeking alimony will need to keep track of their expenses. Be careful and realistic.



CONTACT US FOR MORE INFORMATION

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